

OCTOBER

AT FRESH START SUPPORT SERVICES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 DROP-IN PLAY: 10-11AM	2 FREE-PLAY DROP-IN: 1-2PM	3 DROP-IN PLAY: 10-11AM	4	5
6	7 GROWING TOGETHER: 10-11AM FREE-PLAY DROP-IN: 1-2PM	8 DROP-IN PLAY: 10-11AM	9 FREE-PLAY DROP-IN: 1-2PM	10 DROP-IN PLAY: 10-11AM	11	12
13	14 THANKSGIVING HOLIDAY: OFFICE CLOSED	15 DROP-IN PLAY: 10-11AM	16 FREE-PLAY DROP-IN: 1-2PM	17 DROP-IN PLAY: 10-11AM	18	19
20	21 GROWING TOGETHER: 10-11AM FREE-PLAY DROP-IN: 1-2PM	22 DROP-IN PLAY: 10-11AM	23 FREE-PLAY DROP-IN: 1-2PM	24 DROP-IN PLAY: 10-11AM	25 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM ST. THOMAS DOWNTOWN PUMPKIN PROWL: 5-8PM	26
27	28 FREE-PLAY DROP-IN: 1-2PM	29 DROP-IN PLAY: 10-11AM	30 FREE-PLAY DROP-IN: 1-2PM	31 DROP-IN PLAY: 10-11AM		

PROGRAM DESCRIPTIONS:

PROGRAMMING TO DO WITH YOUR CHILDREN:

Drop In Play:

Tuesdays and Thursday mornings. Ages 0-6 with caregiver. This program is for parents and children to come spend time together in our play space. Drop In - no registration needed. Contact Bailey at bashcroft@fsms.ca with any questions.

Free-Play Drop In:

Mondays and Wednesdays from 1-2PM. Ages 0-6 with caregiver. Families will have the opportunity to use our space to play! Staff will be available if needed, but there will be no activity or snack provided. Drop In - no registration needed.

PROGRAMMING TO DO FOR YOU:

Growing Together for Moms & Kids: A six-week program for moms and kids to join us in a safe space on Mondays from September 9th to October 21st (not including Oct 14) from 10-11AM. Come explore faith, share life, build relationships and find hope in Jesus! Moms will participate in a study, and Kids will have a faith based story and/or craft time. For more information, please visit www.fsms.ca/growing-together or email Tammy at tfehr@fsms.ca.

Circle of Security Parenting Program: The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. This program will help parents to understand their child's emotional world by supporting their child's ability to manage their emotions. Registration required. Please register at www.fsms.ca/circle-of-security-program or scan the QR Code below. Registration closes Oct 11th. Please email Tammy at tfehr@fsms.ca with any questions.

