

NOVEMBER

AT FRESH START SUPPORT SERVICES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM	2
3	4 FREE-PLAY DROP-IN: 1-2PM	5 DROP-IN PLAY: 10-11AM	6 FREE-PLAY DROP-IN: 1-2PM	7 DROP-IN PLAY: 10-11AM	8 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM	9
10	11 GROWING TOGETHER: 10-11AM FREE-PLAY DROP-IN: 1-2PM	12 DROP-IN PLAY: 10-11AM	13 FREE-PLAY DROP-IN: 1-2PM	14 DROP-IN PLAY: 10-11AM	15 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM	16
17	18 GROWING TOGETHER: 10-11AM FREE-PLAY DROP-IN: 1-2PM	19 DROP-IN PLAY: 10-11AM	20 FREE-PLAY DROP-IN: 1-2PM	21 DROP-IN PLAY: 10-11AM	22 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM	23
24	25 GROWING TOGETHER: 10-11AM FREE-PLAY DROP-IN: 1-2PM	26 DROP-IN PLAY: 10-11AM	27 FREE-PLAY DROP-IN: 1-2PM	28 DROP-IN PLAY: 10-11AM	29 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM	30

PROGRAM DESCRIPTIONS:

PROGRAMMING TO DO WITH YOUR CHILDREN:

Drop In Play:

Tuesdays and Thursday mornings. Ages 0-6 with caregiver. This program is for parents and children to come spend time together in our play space. Drop In - no registration needed. Contact Bailey at bashcroft@fsms.ca with any questions.

Free-Play Drop In:

Mondays and Wednesdays from 1-2PM. Ages 0-6 with caregiver. Families will have the opportunity to use our space to play! Staff will be available if needed, but there will be no activity or snack provided. Drop In - no registration needed.

PROGRAMMING TO DO FOR YOU:

Growing Together: A four-week program for moms to join us in a safe space on Mondays from November 11th to December 2nd from 10-11AM. Come explore faith, share life, build relationships and find hope in Jesus! We will be studying from a book called "The Questions Christians Hope No One Will Ask". Each week we will pick one question to discuss and share our beliefs about it. To register and for more information, please visit www.fsms.ca/growing-together or email Tammy at tfehr@fsms.ca. Registration closes Nov 8th at 5pm.

Circle of Security Parenting Program: The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. This program will help parents to understand their child's emotional world by supporting their child's ability to manage their emotions.

Please note: Registration is required and is now CLOSED for these dates. If you are interested in attending this program, please visit www.fsms.ca/circle-of-security-program and fill out the waitlist registration to be added to the waitlist for the next group. Please email Tammy at tfehr@fsms.ca with any questions.