

APRIL

AT FRESH START SUPPORT SERVICES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 EASTER MONDAY OFFICE CLOSED	2 DROP-IN PLAY: 10-11AM	3 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM FREE-PLAY DROP-IN: 1-2PM	4 DROP-IN PLAY: 10-11AM	5	6
7	8 FREE-PLAY DROP-IN: 1-2PM	9 DROP-IN PLAY: 10-11AM	10 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM FREE-PLAY DROP-IN: 1-2PM	11 DROP-IN PLAY: 10-11AM	12	13
14	15 BABY LOVE: 10-11:30AM FREE-PLAY DROP-IN: 1-2PM	16 DROP-IN PLAY: 10-11AM	17 CIRCLE OF SECURITY PARENTING PROGRAM: 10AM-12PM FREE-PLAY DROP-IN: 1-2PM	18 DROP-IN PLAY: 10-11AM	19	20
21	22 BABY LOVE: 10-11:30AM FREE-PLAY DROP-IN: 1-2PM	23 DROP-IN PLAY: 10-11AM	24 FREE-PLAY DROP-IN: 1-2PM	25 DROP-IN PLAY: 10-11AM	26	27
28	29 BABY LOVE: 10-11:30AM FREE-PLAY DROP-IN: 1-2PM	30 DROP-IN PLAY: 10-11AM				

PROGRAM DESCRIPTIONS:

PROGRAMMING TO DO WITH YOUR CHILDREN:

Drop In Play:

Tuesdays and Thursday mornings. Ages 0-6 with caregiver. This program is for parents and children to come spend time together in our play space. Drop In - no registration needed. Contact Danielle at dbernardo@fsms.ca with any questions.

Free-Play Drop In:

Mondays and Wednesdays from 1-2PM. Ages 0-6 with caregiver. Families will have the opportunity to use our space to play! Staff will be available if needed, but there will be no activity or snack provided. Drop In - no registration needed.

PROGRAMMING TO DO FOR YOU:

Circle of Security Parenting Program: The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. This program will help parents to understand their child's emotional world by supporting their child's ability to manage their emotions. Contact Jenna at jzinck@fsms.ca.

PROGRAMMING WITH A MIX OF BOTH:

Baby Love:

Monday Mornings. For caregivers and babies 14 months and under. A 6 week parenting program that supports learning about our babies, connection and security between caregiver and babies. Register in advance. Contact Danielle at dbernardo@fsms.ca for more information or registration.